Dining with the Chef

Recipes



Sep. 11, Fri. 2015

Rika's TOKYO CUISINE

Soy-simmered Squid





Ingredients (Serves 2)

- 300 g cleaned suquid
- 2 tbsp sake
- 2 tbsp *mirin*
- 2 tbsp sugar
- 2 tbsp soy sauce
- 4 tbsp water
- grated *kabosu* zest (or lemon zest)

Directions



1. Cut the tube of the squid into rings about 1 cm thick, and cut the tentacles into bite-sized pieces. Scrape off the suction cups and rinse in water.



2. Combine the cut squid, sake, *mirin*, sugar, soy sauce, and water in a frying pan and heat. Poke holes in a piece of waxed paper and place on top as a drop lid. When it comes to a boil, reduce heat to low and simmer for 25 minutes.



3. Serve in a dish topped with *kabosu* (or lemon) zest.



While simmering the squid, occasionally check to see that the simmering liquid isn't cooking off too much; add a little bit of water if necessary.





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